

AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		LUNCH	LUNCH	ASIAN HERITAGE MEAL	LUNCH	BRUNCH
		Turkey Nuggets (Green)	Cranberry Glazed Chicken (Green)	Szechwan Chicken	Stuffed Green Peppers (Green)	Baked Fish w/Lemon Garlic Butter (Green)
		Shrimp Jambalaya (Yellow)	Southern Fried Catfish (Yellow)	Teriyaki Pork Steak	Fiesta Fish (Yellow)	Asian Bourbon Beef & Vegetables over Noodles (Red)
		Hot Italian Sausage (Red)	BBQ Brisket (Red)	Oriental Steak	Bourbon Chicken (Red)	
		DINNER	DINNER	DINNER	DINNER	DINNER
		Turkey Swedish Meatballs (Green)	Grilled Salmon w/Citrus Butter (Green)	Pork Roast Tenderloin (Green)	Polynesian Fillet (Green)	Lemon Basil Shrimp Pasta (Green)
		Shrimp Scampi (Yellow)	Ground Turkey Lasagna (Yellow)	Baja Baked Cod (Green)	Braised Beef & Noodles (Yellow)	Ground Beef Yakisoba (Red)
		Ground Beef Enchiladas (Red)	Cantonese Spareibs (Red)	BBQ Chicken (Red)	Mambo Pork Roast (Red)	Grilled Steak (Red)
6	7	8	9	10	11	12
BRUNCH	LUNCH	LUNCH	LUNCH	ITALIAN MEAL	LUNCH	BRUNCH
Turkey Breast Fillet (Green)	Santa Fe Glazed Chicken (Green)	Fish Veracruz (Green)	Ginger BBQ Chicken (Green)	Lemon & Basil Shrimp Pasta	Eggplant Parmesan (Green)	Grilled Salmon w/Citrus Butter (Green)
Caribbean Catfish (Yellow)	Spaghetti w/Meat Sauce (Yellow)	Chicken Fajitas (Yellow)	Baked Salmon (Yellow)	Lasagna	Savory Baked Chicken (Yellow)	BBQ Beef Cubes (Red)
	Fried Shrimp (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)	Sweet and Sour Spareibs (Red)	Chicken Parmesan	Cantonese Spareibs (Red)	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Fajitas (Red)	Basil Baked Fish (Green)	Southwestern Fish (Green)	Turkey A La King (Green)	Cajun Fish (Green)	Turkey Nuggets (Green)	Beef Stir Fry (Green)
Baja Fish Tacos (Yellow)	Teriyaki Pork Steak (Yellow)	Beef Stew (Yellow)	Mediterranean Salmon (Yellow)	Baked Chicken (Yellow)	Fiesta Fish (Yellow)	Southern Fried Catfish (Yellow)
Beef Pot Pie (Red)	Chicken Cordon Bleu (Red)	Southern Fried Chicken (Red)	BBQ Brisket (Red)	Yankee Pot Roast (Red)	Chili Mac (Red)	Bourbon Chicken (Red)
13	14	15	16	17	18	19
BRUNCH	LUNCH	LUNCH	LUNCH	SOUTHERN HERITAGE MEAL	LUNCH	BRUNCH
Honey Ginger Chicken (Green)	Baja Baked Cod (Green)	Lemon Basil Shrimp Pasta (Green)	Pork Roast Tenderloin (Green)	Southern Fried Catfish	Beef Ball Stroganoff (Yellow)	Spinach Lasagna (Green)
Beef Yakisoba (Red)	Pepper Steak (Green)	Spicy Chicken Shawarma (Yellow)	Mediterranean Salmon (Yellow)	BBQ Beef Cubes	Chicken Cordon Bleu (Red)	Country Style Steak (Red)
	Mambo Pork Roast (Red)	Grilled Steak (Red)	Easy Chow Mein w/Chicken (Red)	Chicken & Dumplings	Chicken/Turkey Gravy (Green)	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Fish w/Lemon Garlic Butter (Green)	Chicken Florentine (Green)	Turkey Breast Fillet (Green)	Chicken A La King (Green)	Southwestern Shrimp Linguine (Green)	Ginger BBQ Chicken (Green)	Fish Veracruz (Green)
Mexican Baked Chicken (Yellow)	Baked Salmon (Yellow)	Fish w/SouthWest Salsa (Green)	Basil Baked Fish (Green)	Mr. Z's Baked Chicken (Yellow)	Shrimp Jambalaya (Yellow)	Asian Bourbon Beef & Vegetables over Noodles (Red)
Beef Vindaloo (Red)	Hot Italian Sausage (Red)	Fried Shrimp (Red)	Beef Bulgogi (Red)	Sweet and Sour Spareibs (Red)	Syrian Beef Stew (Red)	Pork Adobo (Yellow)
20	21	22	23	24	25	26
BRUNCH	LUNCH	LUNCH	LUNCH	IRISH HERITAGE MEAL	LUNCH	BRUNCH
Roast Turkey	Southwestern Fish (Green)	Turkey Nuggets (Green)	Cranberry Glazed Chicken (Green)	Beef & Corn Pie	Stuffed Green Peppers (Green)	Baked Fish w/Lemon Garlic Butter (Green)
Baja Fish Tacos (Yellow)	Herbed Baked Chicken (Yellow)	Shrimp Jambalaya (Yellow)	Southern Fried Catfish (Yellow)	Corned Beef	Fiesta Fish (Yellow)	Asian Bourbon Beef & Vegetables over Noodles (Red)
	Chili Mac (Red)	Hot Italian Sausage (Red)	BBQ Brisket (Red)	Kasha/Onion	Bourbon Chicken (Red)	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Caribbean Chicken (Green)	Pepper Steak (Green)	Turkey Swedish Meatballs (Green)	Grilled Salmon w/Citrus Butter (Green)	Pork Roast Tenderloin (Green)	Polynesian Fillet (Green)	Fish Veracruz (Green)
Shrimp Chop Suey (Yellow)	Salmon w/Maple Ginger Glaze (Yellow)	Shrimp Scampi (Yellow)	Ground Turkey Lasagna (Yellow)	Baja Baked Cod (Green)	Braised Beef & Noodles (Yellow)	
Teriyaki Steak (Red)	Chicken Cordon Bleu (Red)	Ground Beef Enchiladas (Red)	Cantonese Spareibs (Red)	BBQ Chicken (Red)	Mambo Pork Roast (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)
27	28	29	30	31		
BRUNCH	LUNCH	LUNCH	LUNCH	HISPANIC MEAL		
Jerk Roast Turkey (Green)	Santa Fe Glazed Chicken (Green)	Fish Veracruz (Green)	Ginger BBQ Chicken (Green)	Chicken Fajitas		
Caribbean Catfish (Yellow)	Spaghetti w/Meat Sauce (Yellow)	Chicken Fajitas (Yellow)	Baked Salmon (Yellow)	Beef Enchiladas		
	Fried Shrimp (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)	Sweet and Sour Spareibs (Red)	Taco Lasagna		
DINNER	DINNER	DINNER	DINNER	DINNER		
Chicken Fajitas (Green)	Basil Baked Fish (Green)	Southwestern Fish (Green)	Turkey A La King (Green)	Ginger BBQ Chicken (Green)		
Baja Fish Tacos (Yellow)	Teriyaki Pork Steak (Yellow)	Beef Stew (Yellow)	Mediterranean Salmon (Yellow)	Baked Salmon (Yellow)		
Beef Pot Pie (Red)	Chicken Cordon Bleu (Red)	Southern Fried Chicken (Red)	BBQ Brisket (Red)	Sweet and Sour Spareibs (Red)		