

Jan-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
LUNCH	LUNCH	LUNCH	ASIAN MEAL	LUNCH	BRUNCH	BRUNCH
Grilled Salmon w/Citrus Butter (Green)	Fish Veracruz (Green)	Ginger BBQ Chicken (Green)	Yakisoba Beef	Baked Salmon (Green)	Grilled Salmon w/Citrus Butter (Green)	Honey Ginger Chicken (Green)
Corned Beef (Yellow)	Jamaican Chicken (Yellow)	Baked Salmon (Yellow)	Chicken Stir Fry/w Broccoli	Savory Baked Chicken (Yellow)	Teriyaki Chicken (Yellow)	
Roasted Pork Loin (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)	Sweet and Sour Spareribs (Red)	Oriental Steak	Cantonese Spareribs (Red)		Beef Yakisoba (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Basil Baked Fish (Green)	Southwestern Fish (Green)	Turkey A La King (Green)	Cajun Fish (Green)	Turkey Nuggets (Green)	Beef Stir Fry (Green)	
Teriyaki Steak (Yellow)	Beef Stew (Yellow)	Mediterranean Salmon (Yellow)	Baked Chicken (Yellow)	Fiesta Fish (Yellow)		Mexican Baked Chicken (Yellow)
Chicken Cordon Bleu (Red)	Southern Fried Chicken (Red)	Beef Ball Stroganoff (Red)	Yankee Pot Roast (Red)	Chili Mac (Red)	Bourbon Chicken (Red)	Beef Fajitas (Red)
8	9	10	11	12	13	14
LUNCH	LUNCH	LUNCH	HISPANIC MEAL	LUNCH	BRUNCH	BRUNCH
Bkd Fish w/lemon (Green)	Lemon Basil Shrimp Pasta (Green)	Pork Roast Tenderloin (Green)	Taco Lasagna	Polynesian Fillet (Green)	Basil Baked Fish (Green)	
Pepper Steak (Green)	Spicy Chicken Shawarma (Yellow)	Lemon Pepper Baked Chicken (Green)	Beef Fajitas	Beef Ball Stroganoff (Yellow)	Pork Adobo (Yellow)	Fish Southwestern (Yellow)
Hot and Spicy Chicken (Red)	Grilled Steak (Red)	Mediterranean Salmon (Yellow)	Chicken Enchiladas	Chicken Cordon Bleu (Red)	Southern Fried Chicken (Red)	Swiss Steak w/Brown Gravy (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Mr. Z's Baked Chicken (Green)	Turkey Breast Fillet (Green)	Chicken A La King (Green)	Southwestern Shrimp Linguine (Green)	Ginger BBQ Chicken (Green)		Cajun Chicken (Green)
Baked Salmon (Yellow)	Roast Pork Tenderloin (Yellow)	Baked Fish (Green)	Mr. Z's Baked Chicken	Shrimp Jambalaya (Yellow)	Mexican Bkd Chicken (Yellow)	
Hot Italian Sausage (Red)	Fried Shrimp (Red)	Beef Bulgogi (Red)	Sweet and Sour Spareribs (Red)	Beef and Corn Pie (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)	Teriyaki Steak (Red)
15	16	17	18	19	20	21
LUNCH	LUNCH	Chicken & Waffles	GERMAN HERITAGE MEAL	LUNCH	BRUNCH	BRUNCH
Southwestern Fish (Green)	Turkey Nuggets (Green)	Cranberry Glazed Chicken (Green)	Sauerbraten	Stuffed Green Peppers (Green)	Baked Fish w/Lemon Garlic Butter (Green)	
Herbed Baked Chicken (Yellow)	Shrimp Jambalaya (Yellow)	Fish VeraCruz (Yellow)	Jaeger w/ mushrooms	Fiesta Fish (Yellow)	Baked Chicken (Green)	Baked Fish (Yellow)
Chili Mac (Red)	Polish Sausage (Red)	BBQ Brisket (Red)	Bratwurst w/ Sauerkraut	Bourbon Chicken (Red)		Beef Brogut (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pepper Steak (Green)	Turkey Swedish Meatballs (Green)	Grilled Salmon w/Citrus Butter (Green)	Pork Roast Tenderloin (Green)	Lemon Pepper Baked Chicken (Green)	Ginger BBQ Chicken (Green)	BBQ Chicken (Green)
Salmon w/Maple Ginger Glaze (Yellow)	Shrimp Scampi (Yellow)	Ground Turkey Lasagna (Yellow)	Basil Baked Fish (Green)	Hamburger Yakisoba (Yellow)		
Chicken Cordon Bleu (Red)	Ground Beef Enchiladas (Red)	Cantonese Spareribs (Red)	Herbed baked Chicken (Yellow)	Baked Fish (Green)	Grilled Steak (Red)	Country Style Fried Steak (Red)
22	23	24	25	26	27	28
LUNCH	LUNCH	LUNCH	ITALIAN MEAL	LUNCH	BRUNCH	BRUNCH
Santa Fe Glazed Chicken (Green)	Fish Veracruz (Green)	Ginger BBQ Chicken (Green)	CHICKEN PARMESAN	Baked Salmon (Green)	Teriyaki Chicken (Yellow)	Honey Ginger Chicken (Green)
Spaghetti w/Meat Sauce (Yellow)	Jamaican Chicken (Yellow)	Baked Salmon (Yellow)	LASAGNA	Savory Baked Chicken (Yellow)	Hamburger Yakisoba (Yellow)	Beef Yakisoba (Red)
Fried Shrimp (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)	Sweet and Sour Spareribs (Red)	Spaghetti w/ Meatsauce	Cantonese Spareribs (Red)		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Basil Baked Fish (Green)	Southwestern Fish (Green)	Turkey A La King (Green)	Cajun Fish (Green)	Turkey Nuggets (Green)	Beef Stir Fry (Green)	Mexican Baked Chicken (Yellow)
Teriyaki Steak (Yellow)	Beef Stew (Yellow)	Mediterranean Salmon (Yellow)	Baked Chicken (Yellow)	Fiesta Fish (Yellow)		Beef Fajitas (Red)
Chicken Cordon Bleu (Red)	Southern Fried Chicken (Red)	Beef Ball Stroganoff (Red)	Yankee Pot Roast (Red)	Chili Mac (Red)	Bourbon Chicken (Red)	
29	30	31				
LUNCH	LUNCH	LUNCH				
Bkd Fish w/lemon (Green)	Lemon Basil Shrimp Pasta (Green)	Pork Roast Tenderloin (Green)				
Pepper Steak (Green)	Spicy Chicken Shawarma (Yellow)	Lemon Pepper Baked Chicken (Green)				
Hot and Spicy Chicken (Red)	Grilled Steak (Red)	Mediterranean Salmon (Yellow)				
DINNER	DINNER	DINNER				
Mr. Z's Baked Chicken (Green)	Turkey Breast Fillet (Green)	Chicken A La King (Green)				
Baked Salmon (Yellow)	Roast Pork Tenderloin (Yellow)	Baked Fish (Green)				
Hot Italian Sausage (Red)	Fried Shrimp (Red)	Beef Bulgogi (Red)				