

Feb-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
LUNCH	LUNCH	LUNCH	SOUTHERN MEAL	LUNCH	BRUNCH	BRUNCH
			Fried Chicken	Polynesian Fillet (Green)		
			Chkn & Dumplings	Beef Ball Stroganoff (Yellow)	Pork Adobo (Yellow)	Fish Southwestern (Yellow)
			Barbecue Spareribs	Chicken Cordon Bleu (Red)	Southern Fried Chicken (Red)	Swiss Steak w/Brown Gravy (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
			Southwestern Shrimp Linguine (Green)	Ginger BBQ Chicken (Green)		Cajun Chicken (Green)
			Mr. Z's Baked Chicken	Shrimp Jambalaya (Yellow)	Mexican Bkd Chicken (Yellow)	
			Sweet and Sour Spareribs (Red)	Beef and Corn Pie (Red)	Asian Bourbon Beef & Vegetables over Noodles (Red)	Teriyaki Steak (Red)
5	6	7	8	9	10	11
LUNCH	LUNCH	LUNCH	IRISH MEAL	LUNCH	BRUNCH	BRUNCH
Baked Fish w/Lemon Garlic Butter (Green)	Turkey A La King (Green)	Caribbean Chicken (Green)	Beef & Corn Pie	Stir Fry Chicken w/Broccoli (Green)		Pepper Steak (Green)
Beef Ball Stroganoff (Yellow)	Grilled Pork Chops (Yellow)	Baja Fish Tacos (Yellow)	Corned Beef	Shrimp Chop Suey (Yellow)	Ground Turkey Lasagna (Yellow)	
Southern Fried Chicken (Red)	Yankee Pot Roast (Red)	Cantonese Spareribs (Red)	Knockwurst	Sweet and Sour Spareribs (Red)	Parmesan Crusted Pork Chop (Red)	Mambo Pork Roast (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Turkey Roulade Florentine (Green)	Beef Stir Fry (Green)	Basil Baked Fish (Green)	Pork Roast Tenderloin (Green)	Lemon Pepper Catfish (Green)	Roast Turkey (Green)	Ginger BBQ Chicken (Green)
Baked Dijon Pork Chop (Yellow)	Baked Salmon (Yellow)	Herbed Baked Chicken (Yellow)	Beef Stew (Yellow)	Braised Beef & Noodles (Yellow)		
Beef Brogul (Red)	Easy Chow Mein w/Chicken (Red)	Chili Mac (Red)	BBQ Chicken (Red)	Stuffed Baked Pork Chops (Red)	Beef Pot Pie (Red)	Teriyaki Steak (Red)
12	13	14	15	16	17	18
LUNCH	LUNCH	LUNCH	ASAIN HERITAGE MEAL	LUNCH	BRUNCH	BRUNCH
Jerk Roast Turkey (Green)	Cajun Chicken (Green)	Fish w/SouthWest Salsa (Green)	Yakisoba Beef	Stuffed Green Peppers (Green)	Turkey Nuggets (Green)	Cajun Fish (Green)
Fiesta Fish (Yellow)	Pork Vindaloo (Yellow)	Mexican Baked Chicken (Yellow)	Chicken Stir Fry w/ Broccoli	Fiesta Fish (Yellow)		
Cajun Meatloaf (Red)	Grilled Steak (Red)	Ground Beef Enchiladas (Red)	Oriental Steak	Bourbon Chicken (Red)	Salisbury Steak (Red)	Southern Fried Chicken (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tuna Noodles (Green)	Pork Chops w/Pineapple Asian Glaze (Green)	Chicken A La King (Green)	Honey Ginger Chicken (Green)	Santa Fe Glazed Chicken (Green)		
Chicken Dijon (Yellow)	Sweet and Spicy Orange Salmon (Yellow)	Parmesan Fish (Yellow)	Shrimp Scampi (Yellow)	Southern Fried Catfish (Yellow)	Grilled Pork Chops (Yellow)	Spaghetti w/Meat Sauce (Yellow)
Polish Sausage (Red)	Beef Bulgogi (Red)	Beef and Corn Pie (Red)	BBQ Spareribs (Red)	BBQ Brisket (Red)	Chinese Five-Spice Chicken (Red)	Chicken Parmesan (Red)
19	20	21	22	23	24	25
LUNCH	LUNCH	LUNCH	HISPANIC MEAL	LUNCH	BRUNCH	BRUNCH
Polynesian Fillet (Green)	Baja Baked Cod (Green)	Lemon Pepper Catfish (Green)	Taco Lasagna	Baked Turkey Roulade Florentine (Green)		
Teriyaki Pork Steak (Yellow)	Chicken Fajitas (Yellow)	Baked Turkey and Noodles (Yellow)	Beef Fajitas	Parmesan Fish (Yellow)	Beef Stew (Yellow)	Chicken Bulgogi (Yellow)
Asian BBQ Turkey (Red)	Steak Ranchero (Red)	Beef and Corn Pie (Red)	Chicken Enchiladas	Country Style Steak (Red)	BBQ Chicken (Red)	Teriyaki Steak (Red)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Caribbean Chicken (Green)	Turkey Breast Fillet (Green)	Shrimp Kebab (Green)	Turkey Swedish Meatballs (Green)	Baked Fish w/Lemon Garlic Butter (Green)	Polynesian Fillet (Green)	Jerk Roast Turkey (Green)
Mediterranean Salmon (Yellow)	Zesty Pork Chops (Yellow)	Grilled Chicken w/ Mustard Sauce (Yellow)	Fiesta Fish (Yellow)	Beef Ball Stroganoff (Yellow)		
Cantonese Spareribs (Red)	Swiss Steak w/Brown Gravy (Red)	Yankee Pot Roast (Red)	Parmesan Crusted Pork Chop (Red)	Bourbon Chicken (Red)	Hot and Spicy Chicken (Red)	Braised Beef & Noodles (Red)
26	27	28				
LUNCH	LUNCH	LUNCH				
Orzo w/ Spinach, Tomato, and Onion (Green)	Creole Fish Fillets (Green)	Santa Fe Glazed Chicken (Green)				
Shrimp Scampi (Yellow)	Orange Rosemary Pork Chop (Yellow)	Sweet and Spicy Orange Salmon (Yellow)				
Chicken Parmesan (Red)	Chicken Cordon Bleu (Red)	Stuffed Baked Pork Chops (Red)				
DINNER	DINNER	DINNER				
Fish Veracruz (Green)	Pork Roast Tenderloin (Green)	Southwestern Fish (Green)				
Mexican Pork Chops (Yellow)	Pacific Salmon w/Maple Ginger Glaze (Yellow)	Mr Z's Baked Chicken				
Chicken Enchiladas (Red)	Chicken Cacciatore (Red)	Beef Fajitas (Red)				